

AGING IN ISRAEL

Feb. 18-25, 2018

led by Rabbi Dayle Friedman



A Study Tour for Professionals & Lay Leaders in social services, healthcare, mental health, pastoral care and gerontology.

- Explore challenges of aging in Israel's multi-faith, multicultural society
- Investigate cutting-edge services, social engagement and research
- Meet visionary leaders in the field of aging
- Tour key sites of ancient and modern Israel, led by a dynamic tour guide

Participants from all faith backgrounds are welcome.



Rabbi Dayle A. Friedman, MSW, BCC, is a spiritual guide, social innovator, chaplain, and scholar. She offers spiritual direction, pastoral care, and training for individuals, families and communities facing the journey of aging. Her most recent book is *Jewish Wisdom for Growing Older: Finding Your Grit and Grace Beyond Midlife*.

FROM \$2,249 (land only)
includes 4-star hotel accommodation,
all breakfasts, 4 dinners and all site fees

For more information:
TOLL FREE 888-811-2812
<https://daatravel.com/Package/29370>



Neshama: Association of
Jewish Chaplains



Growing Older



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February 17-26, 2018

Itinerary Highlights

In addition to visiting key sites of modern and ancient Israel in Tel Aviv, the North and Jerusalem, our program includes:

- **Aging in Israel: Challenges and Opportunities.** Meet leaders from JDC-Eshel, which brings together prominent stakeholders and professionals involved in the care of Israel's older citizens in order to plan and initiate pilot projects relevant to the older adults.
- **Innovation in Long-term Care.** Visit an eldercare community undergoing culture change, including dialogue with staff and residents. Hear from Tamar Dashefsky, coordinator of Israeli culture change movement, on models and research findings.
- **Older Adults in Israel's Arab Society.** Dialogue with an expert (TBD).
- **Aging in Place on Kibbutz.** Visit a kibbutz and dialogue with older members about growing older in a communal setting.
- **Advancing Social Policy on Aging in Israel.** Meet with Knesset members involved with advocacy for elders: Itzik Shmuli (Zionist Camp or with Gila Gamliel (Likud), Minister for Social Equality.
- **Alternative models of aging in community.** Meet Sarah Kreimer and friends, organizers of an elder co-housing community.
- **Memory care in Israel.** Visit a Melabev Adult Day Care Center. Melabev is Israel's pioneer service provider caring for those living with dementia.
- **Care for aging Holocaust survivors.** Meet with a representative of Amcha, the National Israeli Center for Psychological Support of Survivors of the Holocaust and the Second Generation.
- **Caregiving for frail Israelis: the Filipino experience.** Meet with Winston Santos, president of Filipinos in Israel, and other Filipinos employed as caregivers. Learn about this fascinating cross-cultural phenomenon.
- **Dementia in Israel: challenges and advances.**
 - Meet with EMDA, the Alzheimer's Association of Israel, gain insight into innovations in dementia research.
 - Meet with Johnny Lemberg of the Israeli National Program for Addressing Alzheimer's Disease and Other Types of Dementia. Learn about emerging models of care.
- **Work and dignity for elders.** Visit Yad LaKashish, a multifaceted sheltered workshop for elders and people with disabilities. Meet the employees in their workshops, and take the opportunity to visit the shop that proudly presents their beautiful wares.
- **Vision for the Future.** Dialogue with Jenny Brodsky, Director of the Center for Research on Aging at the Myers-JDC-Brookdale Institute, Israel's leading center for applied research on social policy and services. Learn about the Center's newest initiatives in aging policies and services.

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